

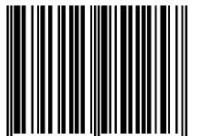
THE **HARMONY**  
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# BIG CATS

RELAX AND UNWIND WITH  
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# BIG CATS

Stressed out at work? Are the pressures of the world getting you down? We guarantee relaxation with these complex Zen and anti-stress colouring pages for adults.

*Harmony of Colour: Big Cats*  
offers detailed images and patterns that are chosen by experts for their soothing properties.

Be aware of the overall harmony of your colouring rather than focusing on each element individually. Try to balance the colours so that they are a reflection of your emotions of the moment. If the colours of your page are in harmony, then your mind will follow!

Now... grab your pencils or textas and de-stress...



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Managing Director: Michael Downs

All images: Shutterstock



“Better to live one  
year as a tiger, than  
a hundred as sheep.”

— Madonna —



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“The truth is like  
a lion; you don’t  
have to defend it.  
Let it loose; it will  
defend itself.”

— Saint Augustine —



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“The tiger will see you a  
hundred times before  
you see him once.”

— John Vaillant —



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“Come out of the  
masses. Stand  
alone like a lion  
and live your life  
according to  
your own light.”

— Rajneesh —



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“When a man wants to  
murder a tiger he calls  
it sport; when a tiger  
wants to murder him  
he calls it ferocity.”

— George Bernard Shaw —



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“A truly strong  
person does not  
need the approval  
of others any more  
than a lion needs  
the approval  
of sheep.”

— Vernon Howard —



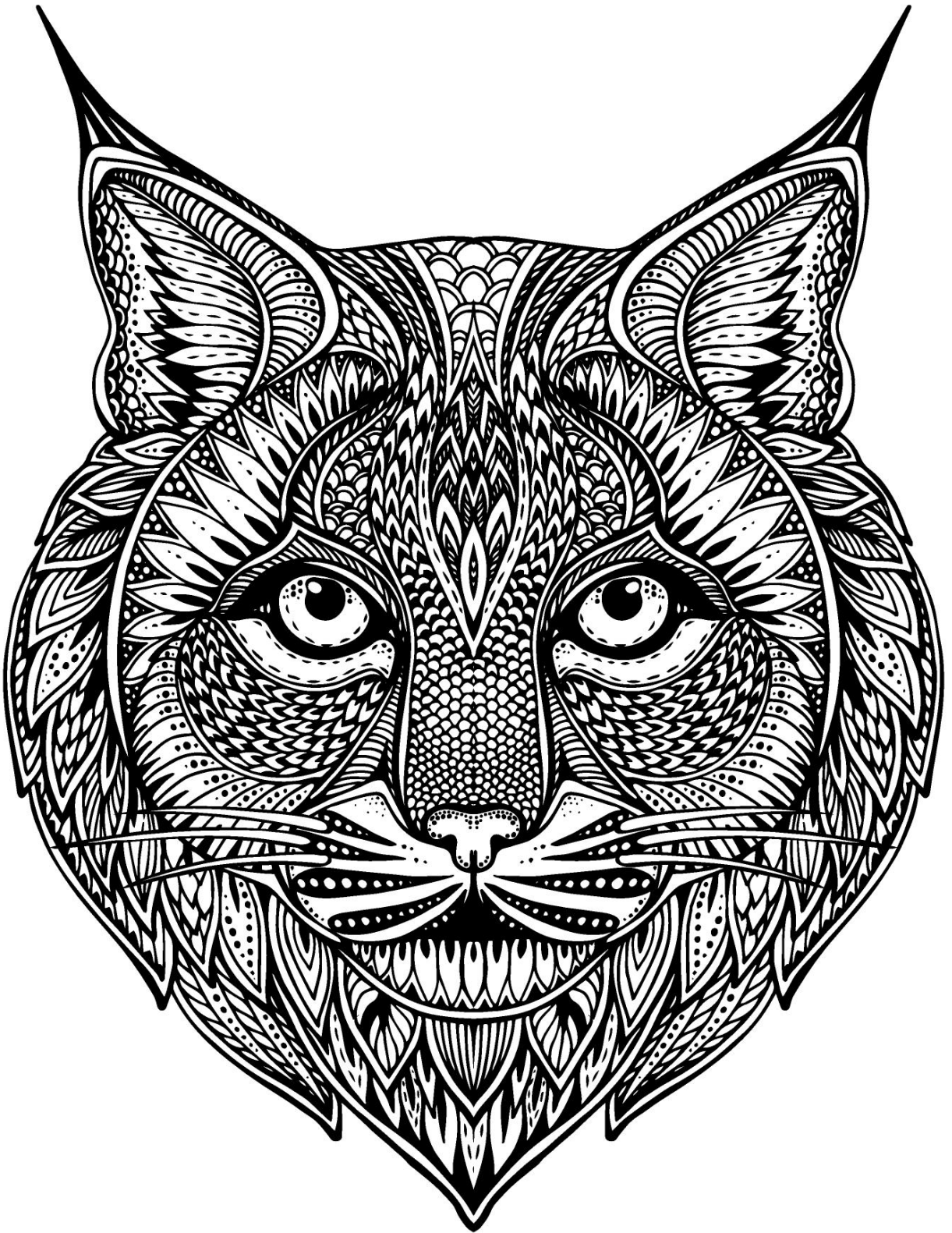
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“The tigers of  
wrath are wiser  
than the horses  
of instruction.”

— William Blake —



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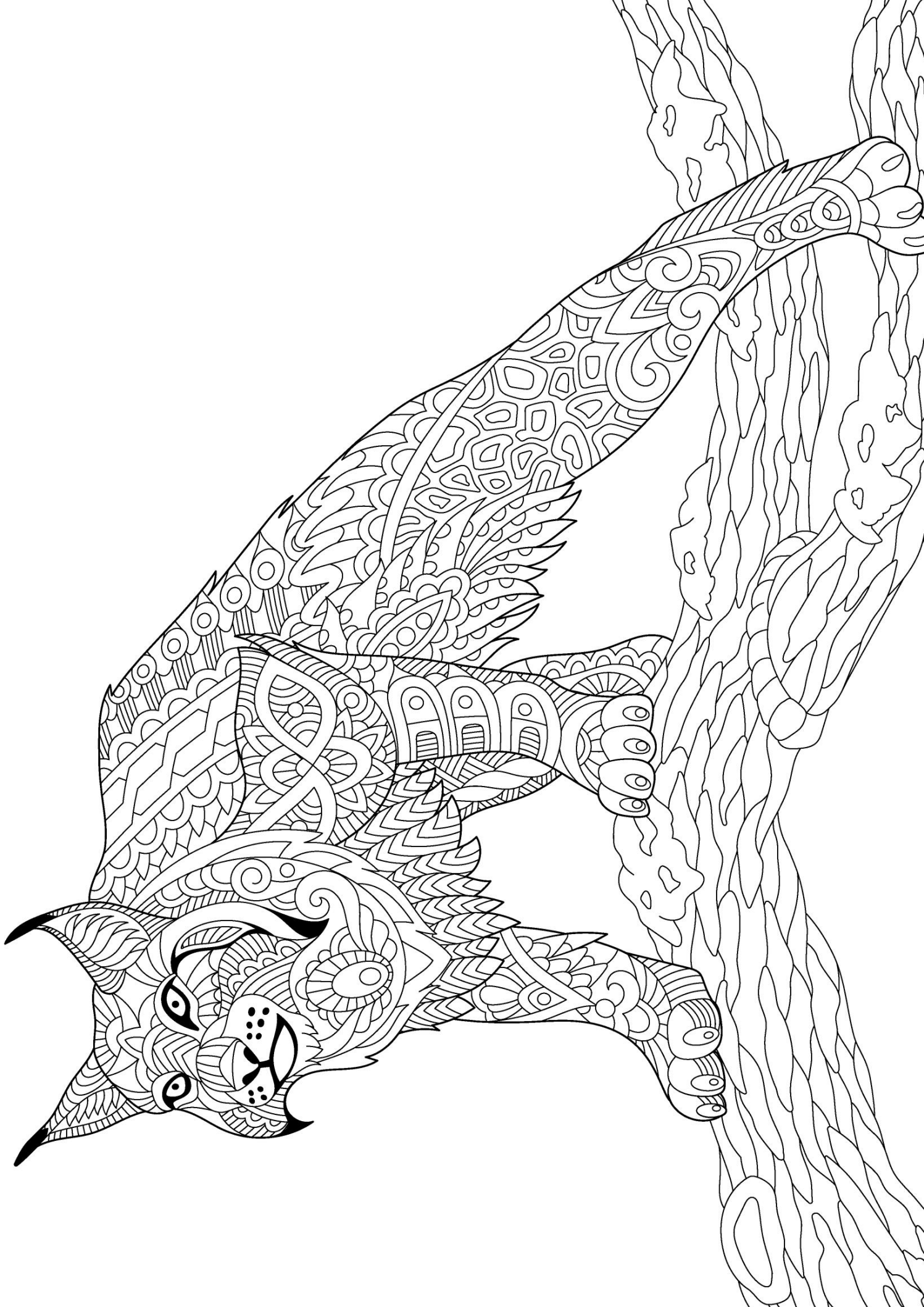
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“I was the shyest  
human ever  
invented, but I had  
a lion inside me that  
wouldn't shut up.”

— Ingrid Bergman —



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“A tiger does not ignore  
or slight any small  
animal. The way he  
catches a mouse and  
catches and devours  
a cow are the same.”

— Shunryu Suzuki —



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“I am not afraid of an  
army of lions led by a  
sheep; I am afraid of  
an army of sheep  
led by a lion.”

— Alexander the Great —



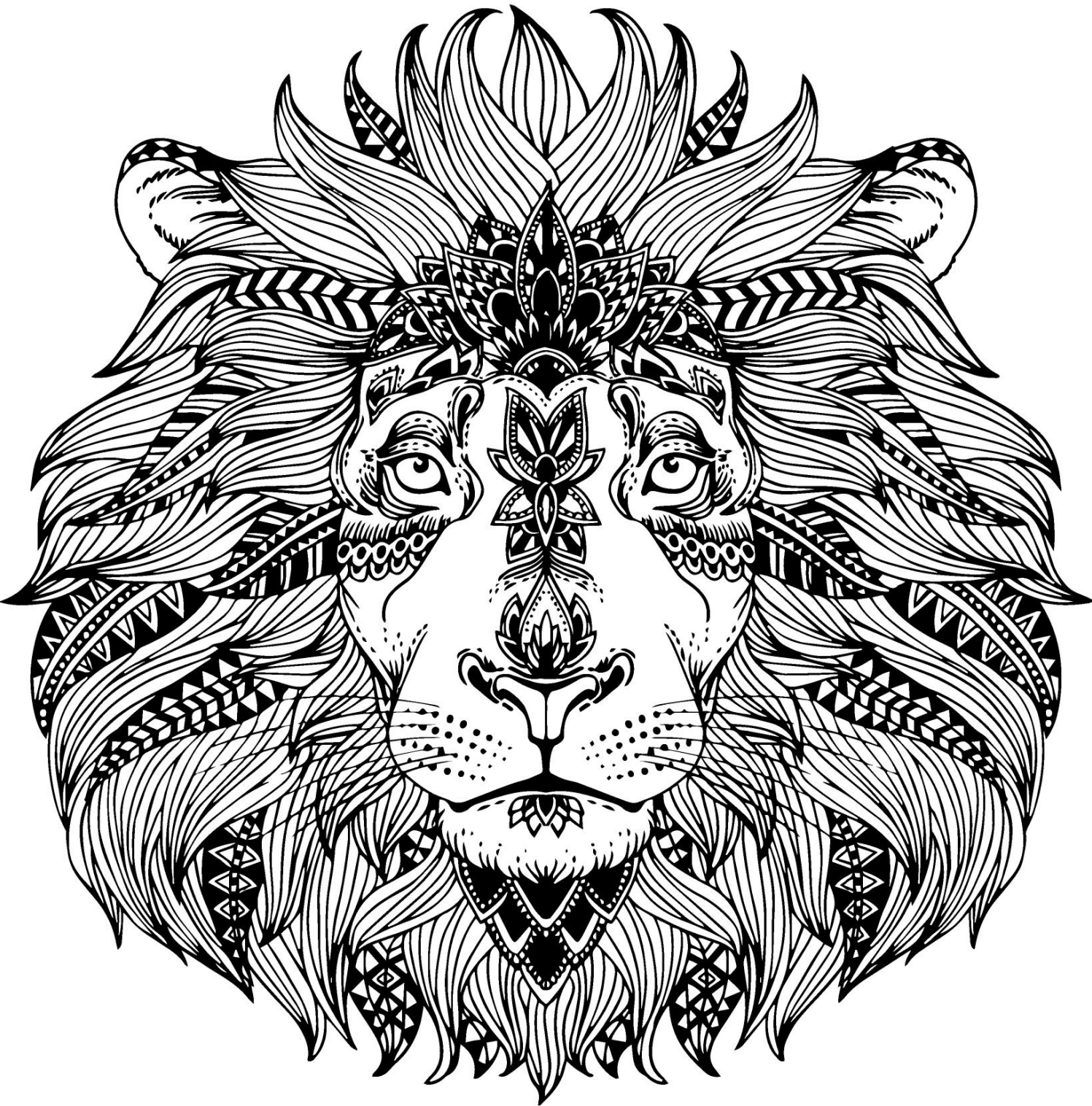
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“Those who foolishly sought  
power by riding the back of  
the tiger ended up inside.”

— John F. Kennedy —



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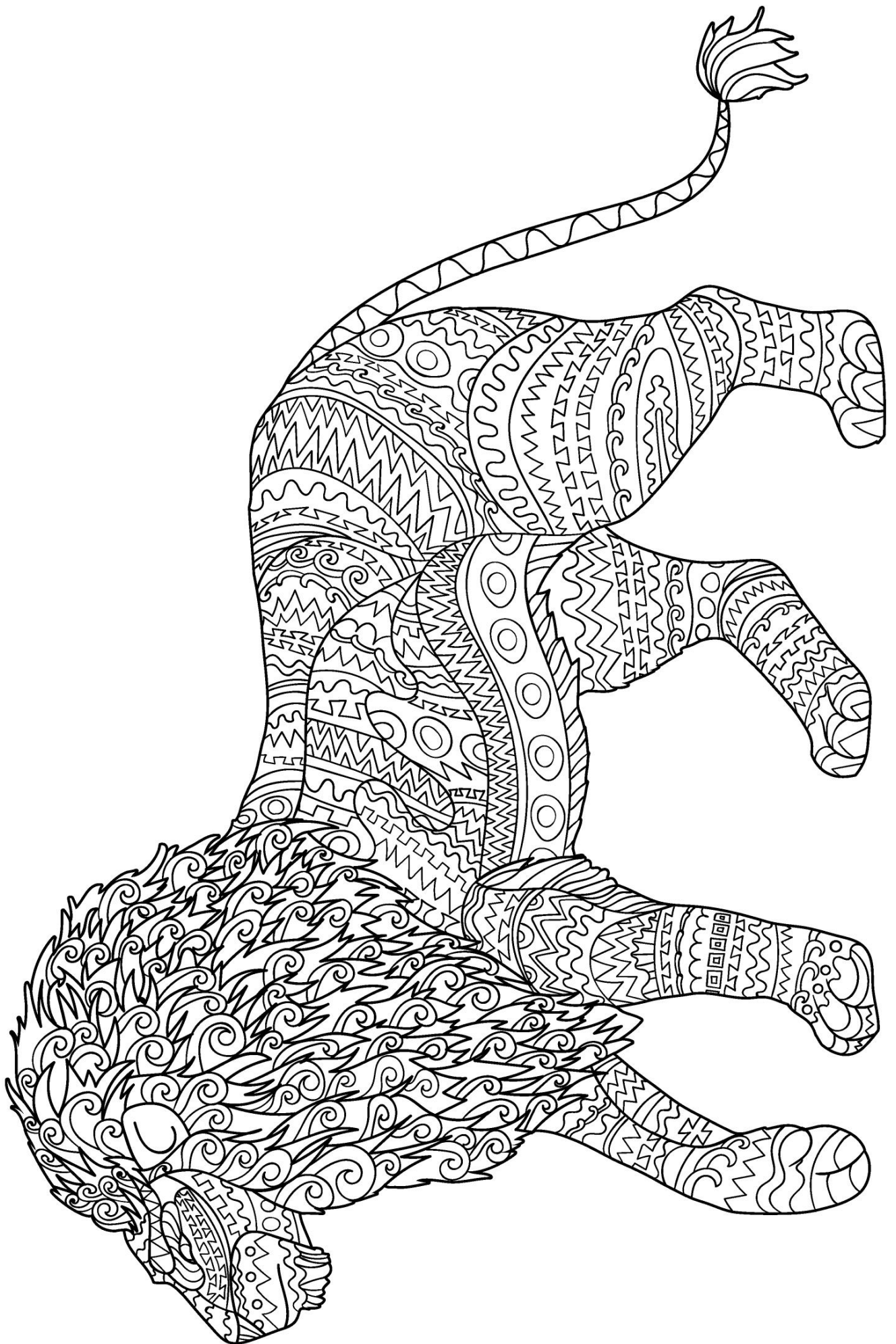
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“You are all lions – so go your own way. Do not walk the beaten path like sheep, one after another. Do not follow any path. Lions do not follow each other like sheep.”

— H. W. L. Poonja —



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“It is not part of a true  
culture to tame tigers, any  
more than it is to make  
sheep ferocious.”

— Henry David Thoreau —



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“If you want to be a lion,  
you must train with lions.”

— Carlson Gracie —



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“In waking a tiger,  
use a long stick.”

— Mao Zedong —



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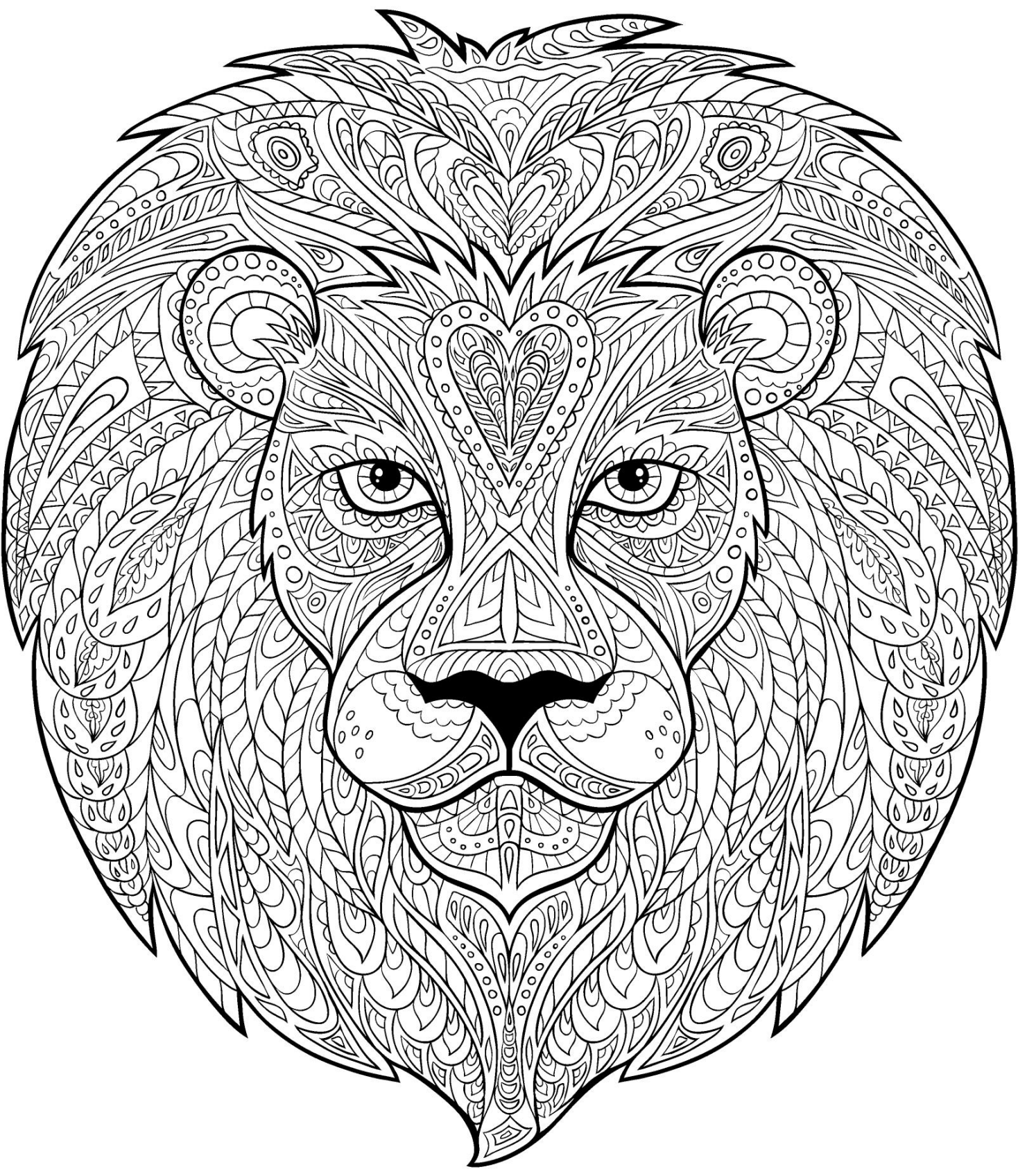
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“I am impelled,  
not to squeak like  
a grateful and  
apologetic mouse,  
but to roar like a  
lion out of pride in  
my profession.”

— John Steinbeck —



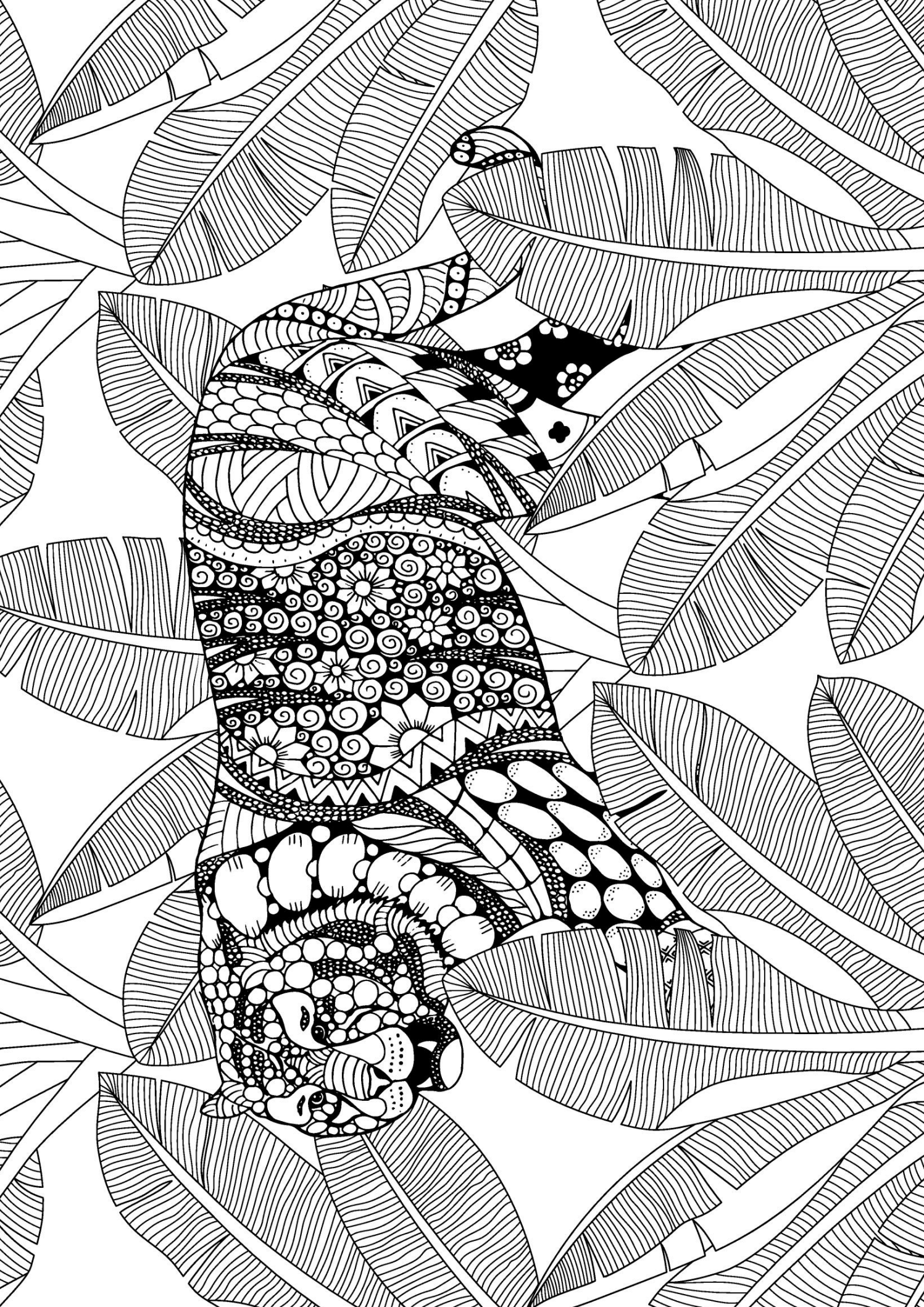
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“You can shoot  
the tiger, or stay  
out of his way,  
but you cannot  
pronounce him  
a vegetarian.”

— Richard Mitchell —



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“An optimist is  
someone who  
gets treed by a  
lion but enjoys  
the scenery.”

— Walter Winchell —



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“Only in art will the  
lion lie down with the  
lamb, and the rose  
grow without thorn.”

— Martin Amis —



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“That’s a valiant  
flea that dares eat  
his breakfast on  
the lip of a lion.”

— William Shakespeare —



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“I never thought much  
of the courage of a  
lion tamer. Inside the  
cage he is at least  
safe from people.”

— George Bernard Shaw —



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“I was not the  
lion, but it fell to  
me to give the  
lion’s roar.”

— Winston Churchill —



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“The apple tree  
never asks the  
beech how he shall  
grow, nor the lion,  
the horse, how he  
shall take his prey.”

— William Blake —



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“It doesn’t matter  
whether you are a lion  
or a gazelle. When the  
sun comes up, you  
better be running.”

— Abe Gubegna —



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“Only a sheep with  
lion’s heart can  
attack wolf, not the  
sheep with lion’s teeth  
or with lion’s claw!”

— Mehmet Murat Ildan —



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“It is faith that makes  
a lion of a man.”

— Swami Vivekananda —



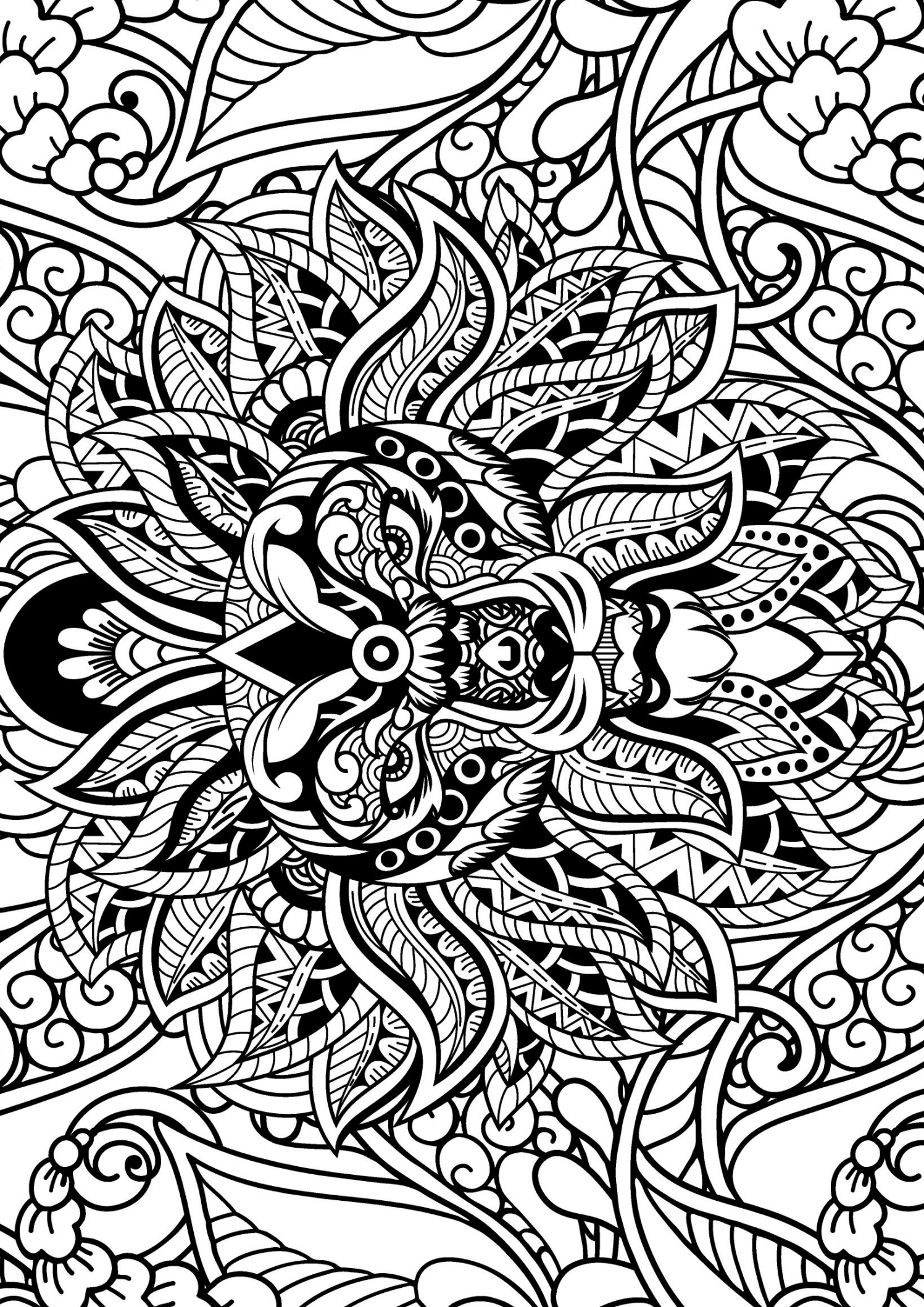
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“Be as a lion in the  
path. Be dangerous  
even in defeat.”

— Anton Szandor LaVey —



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“A scientist is a  
mimosa when he  
himself has made  
a mistake, and a  
roaring lion when  
he discovers a  
mistake of others.”

— Albert Einstein —



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“You must put  
your head into the  
lion’s mouth if the  
performance is to  
be a success.”

— Winston Churchill —



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“It’s too hard to make  
a lion angry. He really  
doesn’t care what  
others do around him,  
but if you do hurt his  
pride he won’t let you  
live another day.”

— Indrani —



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“Life is not so idiotically  
mathematical that only  
the big eat the small;  
it is just as common for  
a bee to kill a lion or at  
least to drive it mad.”

— August Strindberg —



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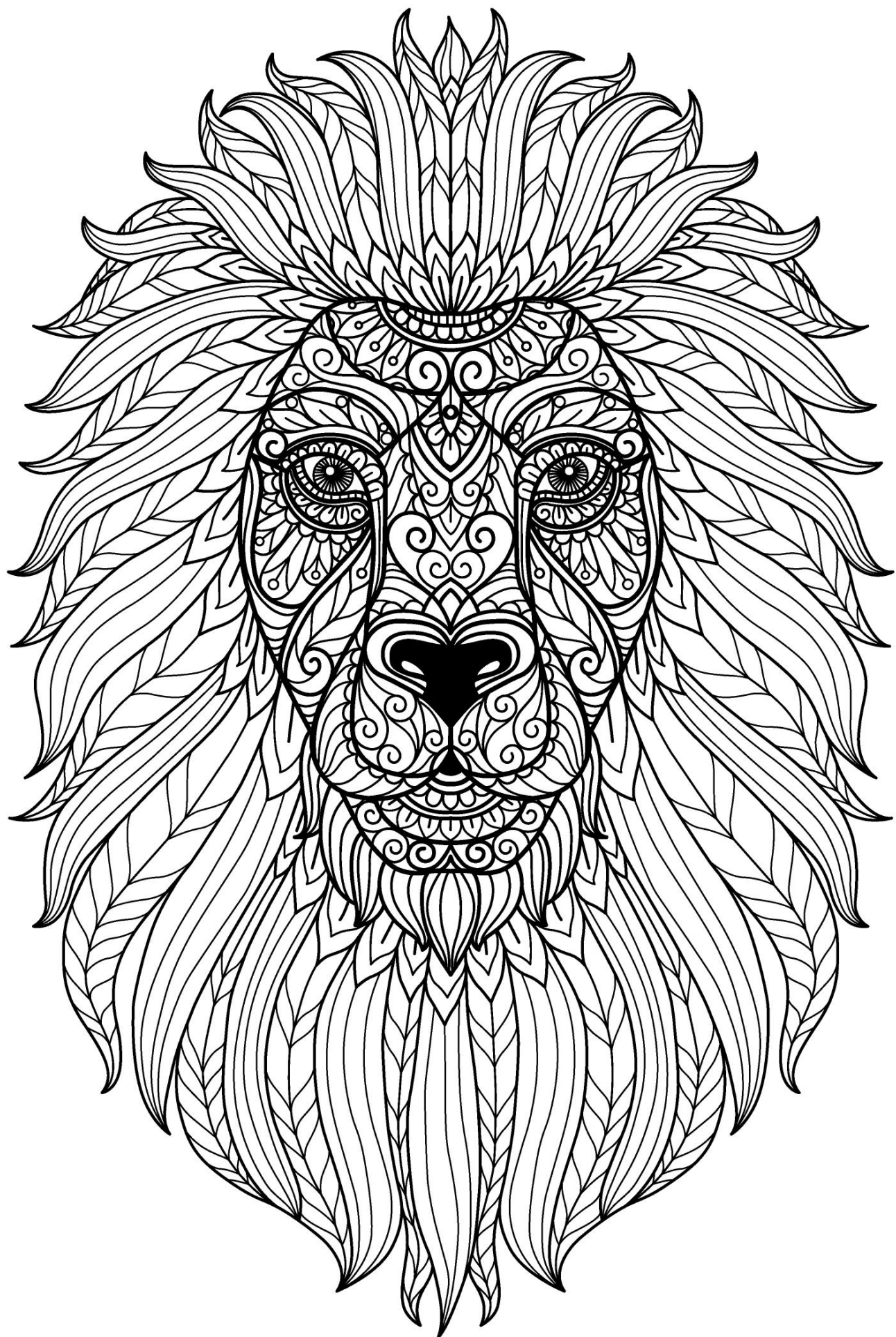
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“Buffaloes are stronger than the lions, but they often fall prey to lions because they hesitate to be courageous and thus run away! Be determined or accept being destroyed!”

— Mehmet Murat Ildan —



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“The very fact that the  
jaguar can become  
extinct while the Pekingese  
survives indicates to me  
that someone hasn't  
thought this thing through.”

— A. Whitney Brown —



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“You know you are  
truly alive when you’re  
living among lions.”

— Isak Dinesen —



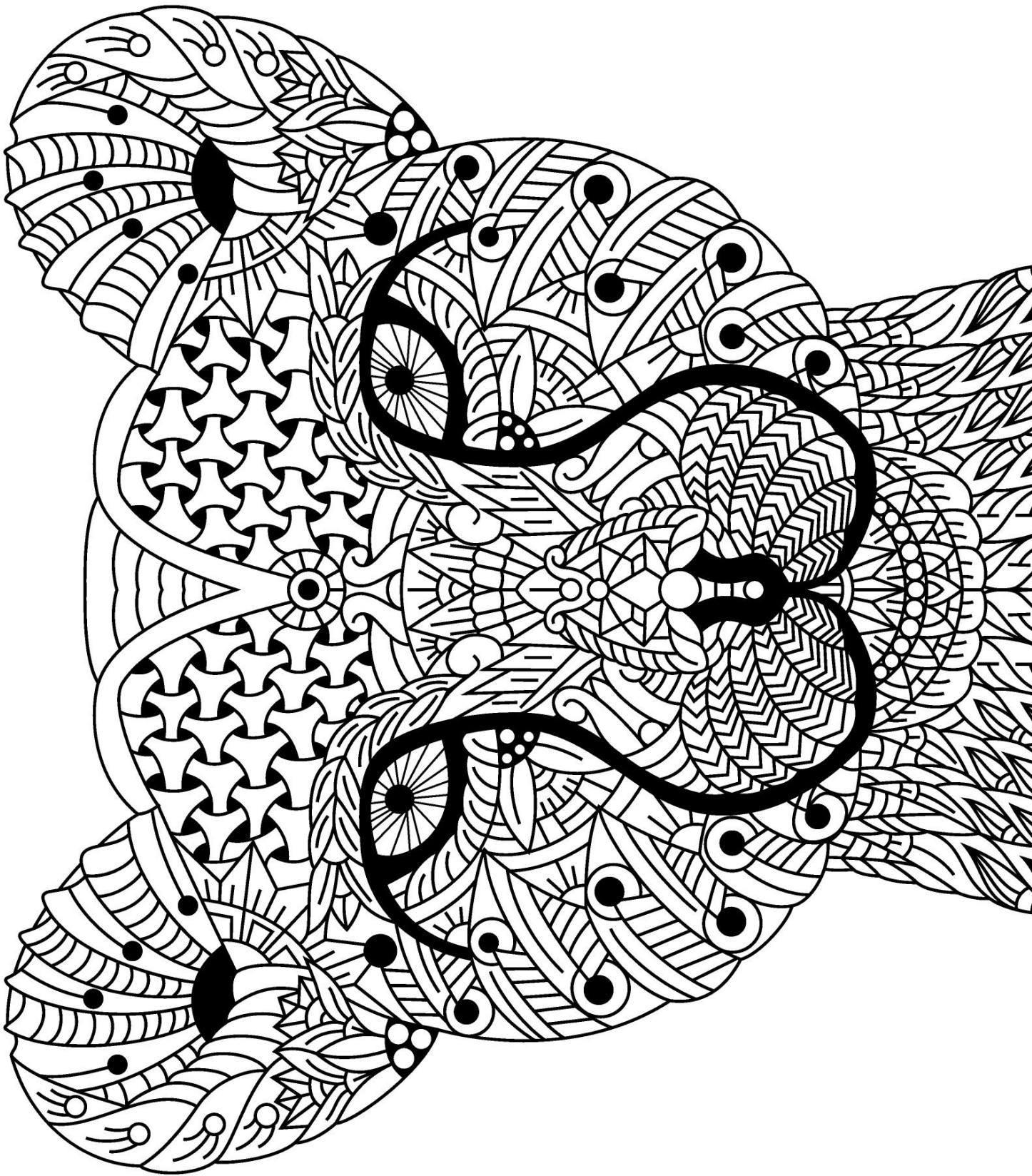
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“If you place your  
head in a lion’s  
mouth, then you  
cannot complain  
one day if he  
happens to bite it off.”

— Agatha Christie —



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“For myself, I always  
assume that a lion  
is ferocious, and  
so I am never caught  
off my guard.”

— Edgar Rice Burroughs —



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